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| --- | --- | --- | --- | --- |
| **HVWC 2020** |  |  |  |  |
|  |  |  |  |  |
| **FRIDAY** | **LEVEL** | **WARM UP** | **START** | **END** |
| SESSION 1 | 7 & 6 | 11:00 | 11:30 | 1:45 |
| SESSION 2 | 4 | 2:00 | 2:30 | 5:30 |
| SESSION 3 | 8,9,10 | 5:45 | 6:15 | 8:45 |
| **SATURDAY** |  |  |  |  |
| SESSION 4 | 3 | 8:30 | 9:00 | 11:15 |
| SESSION 5 | 2 & 5 | 11:30 | 12:00 | 3:00 |
| SESSION 6 | XP & XD | 3:15 | 3:45 | 6:15 |
| SESSION 7 | XB | 6:30 | 7:00 | 8:30 |
| **SUNDAY** |  |  |  |  |
| SESSION 8 | XS | 8:30 | 9:00 | 1:00 |
| SESSION 9 | XG | 1:15 | 1:45 | 4:45 |